



UC Merced Walking Meetings

The Health Sciences Research Institute brings you three campus loop walking routes to stimulate discussion, promote outdoor exercise, and enable physically-distanced meetings as we emerge from the COVID-19 pandemic.

HSRI reminds you to:

- H Hydrate**
Bring a water bottle!
- S Sunscreen**
And don't forget to wear a hat!
- R Respect**
Walk to the pace of the slowest in your group and remember not everyone has the same level of ability
- I Innovate**
Enjoy your walking meeting and get creative!

